

**Pool Closure Programme 2019 C Squad**

Date	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
September	2nd	3rd	4th	5th	6th	7th	8th
	No Training this week	No Training this week	No Training this week	No Training this week	No Training this week	No Training this week	
September	9th	10th	11th	12th	13th	14th	15th
	No Training this week	No Training this week	No Training this week	No Training this week	No Training this week	No Training this week	
September	16th	17th	18th	19th	20th	21st	22ns
		Dryland WW 6-8pm	Dryland WW 6-8pm	Millenium 6.30-8.30pm	Glenfield 5-7pm		Glenfield 6:30 - 9:00am
September	23rd	24th	25th	26th	27th	28th	29th
		Dryland WW 6-8pm	Dryland WW 6-8pm	Millenium 6.30-8.30pm	Glenfield 5-7pm		Glenfield 6:30 - 9:00am