



## Welcome to North Harbour Diving Inc.

You are receiving this because where you live means you are in the North Harbour Diving (NHD) catchment area. This area includes all suburbs on the northern side of the Waitemata Harbour from Devonport, Northcote and Greenhithe up to and including Whangaparaoa and Coatesville.

The Auckland Diving Community Trust (ADCT) administers the shared diving programme for the two Auckland diving clubs: North Harbour Diving Inc (NHD) and Diving Waitakere Inc (DW).

### About North Harbour Diving

The Clubs exists separately from ADCT as any diver who wishes to compete locally, nationally, or internationally must belong to a diving club that is affiliated to the national sports body, Diving New Zealand (DNZ). DNZ is the organisation that regulates the sport of springboard and platform diving in New Zealand, and acts as the interface for FINA, the international regulatory body for aquatic sports globally. DNZ selects the divers who represent New Zealand at international events such as Grand Prix and international Junior Elite or Age Group competitions and makes recommendations to the New Zealand Olympic Committee.

The club has a Committee and an Annual General Meeting each year. The Committee appoints two representatives to the ADCT Board and appoints delegates to represent the Club and vote at DNZ meetings.

Current Committee members: Catriona Dawson (Chair), Katrina Williams (Secretary), Shane Volkov (Treasurer), Karen Vernon, Maegan Fox, Dene Wilson.

Current Club appointees to ADCT: Catriona Dawson

### Uniform

Club colours are Maroon and Black. Uniform in club colours is available for competitive divers to purchase through the ADCT website. Maroon coloured togs are a bit tricky to get so currently club togs are red and you will see our competitive divers wearing these at local and national competitions. Non-competitive divers are not required to purchase uniforms.

### Competitions

Competitions are available to all divers from grade 5 upward. Local competitions such as the Auckland Championships hosted by the clubs jointly. Each region has its own Championship Competition. DNZ competitions such as National Championships and National Skills Championship are hosted around the country on a rotational basis, so all athletes have an opportunity to experience different venues. Volunteers are always welcome to assist so parents and older divers please speak to your coach about opportunities.

At the end of each calendar year there is a combined Prize Giving event to recognise the outstanding achievements of divers from Skills level to Senior International.

### Club Rules

NHD subscribes to [DNZ rules and policies](#) including the [Code of Conduct](#) and [Member Protection Policy](#). NHD recommends that competitive divers acquaint themselves with the [DNZ Social Media Policy](#). The Club constitution can be found on the ADCT website.

NHD expects all members to respect the values set by ADCT. ADCT operates a 'three strikes' policy in respect of the competitive squads as outlined in the squad welcome packs. If an incident constitutes a serious breach of the DNZ Code of Conduct or Member Protection Policy, ADCT will report this to the Club and this may result in NHD instituting a disciplinary process as well as dismissal from the squad. More information about the process can be found on the ADCT website. (Code of Conduct Policy). If, as a parent or guardian, you believe the Code of Conduct has been breached in respect of your diver we encourage you to discuss the matter with the Head Coach or a Committee member

### Questions and Inquiries

If a parent or guardian has a question or concern about their diver's progress or welfare, we encourage them to speak with Coaching Staff in the first instance. All other questions and inquiries should be directed to [info@aucklanddiving.co.nz](mailto:info@aucklanddiving.co.nz)