

# THE AUCKLAND DIVING ARTICLES

Term 1 2025 *Auckland Diving*



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## Auckland Diving Newsletter

Welcome back to the Auckland Diving Articles! This newsletter contains information on recent and upcoming events to give you a better idea about what's going on around the community. We can't wait for you to dive in!

Check out whats new in 2025 below!



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 **AUCKLAND DIVING**  
COMMUNITY TRUST





# EVENTS RECAP

*Auckland Diving*

January/February 2025

## Southern Cross Champs 2025

In January, Diving New Zealand hosted the Southern Cross Championships 2025. This is a historical event that was brought back after not being run for quite a few years. What an awesome event to be able to hold in Auckland this year and we are looking forward to seeing this event continue to run in the future. A huge thank you to the key Diving New Zealand and Auckland Diving Staff members who enabled this event to be run so successfully. Fantastic job to the New Zealand athletes who competed at this event. Please see a summary of key results to the right:



Event	Results
Open Mens 3m Final	1st: Liam Stone -- New Zealand (447.10) 2nd: Muhammad Syafiq Puteh -- Malaysia (415.35) 3rd: Frazer Tavener -- New Zealand (406.35)
Open Mens Platform Final	1st: Zafar Marikar -- Australia (400.85) 2nd: Elvis Priestly -- Malaysia (397.75) 3rd: Nathan Brown -- New Zealand (347.50)
Open 3m Mens Synchro	1st: New Zealand (Liam & Frazer) - 398.52 2nd: Malaysia - 372.66 3rd: Uzbekistan - 348.57
Open 3m Womens Synchro	1st: New Zealand (Olivia & Riley) - 223.05
Open mixed 3m synchro	1st: Australia - 251.70 2nd New Zealand (Noah & Riley) - 231.54
Team event	1st: Australia - 327.45 2nd: New Zealand - 307.10



## Auckland Champs 2025

Auckland Champs was held on the 21st - 23rd of February at Westwave and it was a fantastic event with a huge number of our divers involved. With an incredible turn out with over 90 athletes involved and some fantastic results this was one of our most successful and exciting regional champs to date!







# EVENTS RECAP

*Auckland Diving*

March 2025

## North Island Champs 2025

On Friday 28<sup>th</sup> of March, Auckland Diving sent a team down to compete at North Island Championships 2025. With a huge team from Auckland and our divers competing in most of the events that were run, this was an excellent event with some successful results. Well done to all of our divers who competed at North Islands.



## Dubai International Aquatic Champs

Auckland-based athletes; Tuini Allen, Indy McCarthy, Charlotte Wilson, and Erica Paltridge, as well as Dunedin-based athletes; Elizabeth Dearden, Lucia Luxton, Lyvia Nilsen, Archie Vorgers, and Flynn McGill-Brown headed to Dubai in March with coaches Henry Hansen and Connie Deighton. The Diving New Zealand team had an excellent time at the event with some fantastic results as featured below. They also had some fun sightseeing and checking out Dubai!

Age A Boys Platform: Archie 1st place, Flynn 2nd place  
 Age A Girls Platform: Erica 4th place  
 JE A Girls Platform: Lucia 4th place, Lyvia 5th place  
 Age B Girls 1m: Charlotte 1st place, Tuini 3rd place  
 Age A Boys 1m: Archie 1st place, Flynn 3rd place  
 Age A Girls 1m: Indy 3rd place, Erica 4th place, Elizabeth 6th place  
 JE A Girls 1m: Lucia 4th place, Lyvia 5th place  
 Age B Girls Platform: Charlotte 1st place  
 Age A Girls 3m: Erica 3rd place, Indy 5th place, Elizabeth 6th place  
 JE A Girls 3m: Lyvia 5th place, Lucia 6th place  
 Age B Girls 3m: Charlotte 2nd place, Tuini 3rd place





# UPCOMING EVENTS

## COMPS, CAMPS & COURSES

*Diving New Zealand*

### 2025 Events Calendar

#### Domestic

Date	Event
<del>Feb 21st – 23rd</del>	<del>Auckland Champs (AKL)</del>
<del>March 15th – 16th</del>	<del>Otago Champs (Dunedin)</del>
<del>March 28th – 30th</del>	<del>North Islands (Hamilton)</del>
June 6th – 8th	South Islands (Dunedin)
July 4th – 6th	Open/JE/Age Nationals (AKL)
August 1st – 3rd	Skills Nationals (AKL)
September 21st – 22nd	National Schools TBC (AKL)

#### International

Date	Event
<del>Jan 31st – 2nd Feb</del>	<del>Southern Cross Grand Prix (Auckland)</del>
<del>March 21st – 23rd</del>	<del>Dubai International Aquatic Champs (Dubai)</del>
April 10th – 13th	British Junior National Champs (Plymouth, UK)
April 14th – 20th	Australian Age Group Champs (Gold Coast, AUS)
April 23rd – 27th	Dresden Youth Meet (Dresden, GER)
May 1st – 4th	Bergen Open Event (Bergen, NOR)
May 26th – 1st June	Australian Open Champs (Sydney, AUS)
July 8th – 13th	Pacific Junior Champs (Wellington, NZ)
July 26th – Aug 3rd	World Champs (Singapore)
July 26th – Aug 1st	Australian School Games (Brisbane, AUS)
Sep 29th – Oct 5th	Australian Elite Champs (Perth, Aus)





# OTHER DIVING NEWS

## COACHING PROFILES

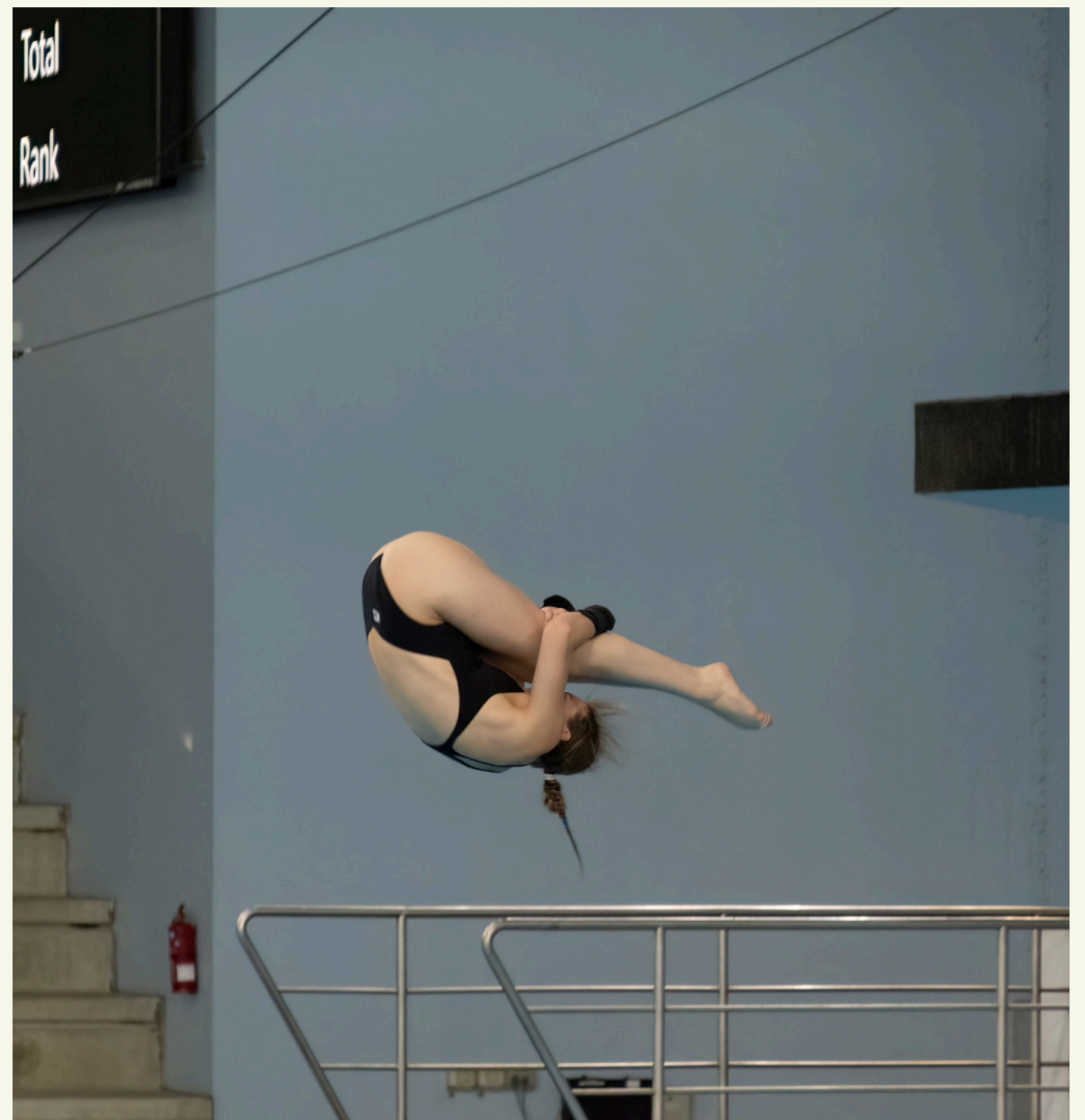
*Auckland Diving*

2025

### Yasmin Kelly

Yasmin is a member of our senior coaching team who leads on the Interage squad as well as supporting on many other lessons. Her range over the program is very broad and she loves working with all of her athletes. Outside of diving, Yasmin is studying her Bachelors in Sport Health and PE at the University of Auckland. She is also a cat lover and owns a Devon Rex named Alfie.

Yasmin's main goal with her coaching is to help people achieve their goals and have fun as well as put a smile on people's faces. She has been coaching for 11 years now and started her coaching journey in Wellington before moving to Auckland in 2023.



### Amelia Norris

Amelia is the lead coach of our Age Group C/D squad and a part of Auckland Diving's senior coaching team. Amelia was a competitive gymnast for 11 years before switching into diving which she has been doing for 6 years. Her coaching journey started in gymnastics when she was 14. She has been coaching diving since 2024 and loves working with our Age C/D divers. Amelia has competed in a huge range in National events and at varying different levels including Age Group, Junior Elite and Open. She has also competed internationally at Aussie Age, Singapore Nationals, and Pan Pacific Masters Games.



# OTHER DIVING NEWS

## GET TO KNOW OUR ATHLETES

*Auckland Diving*

### Liam Stone

Springboard Diver

- Commonwealth Games (2022, 2018, 2014)
- World Champs/Cup (2024, 2023, 2022, 2019, 2017, 2016, 2015, 2014)
- Junior Worlds (2014, 2012, 2010)

Liam began diving when he was 7 years old and is now a 2x Commonwealth Games athlete who specialises in the Men's springboard events. He was awarded a diving scholarship at the University of Tennessee where he completed a Bachelor of Science majoring in Kinesiology. Liam now trains in Auckland and has recently begun diving again after nearly two years due to injury. Liam is also a qualified real estate agent!



**Want to book in a private lesson?**

Click the button below for more information of our private lessons and how to book.

**CLICK HERE**