

Please note – these are guides only

Adult Clothing Sizes	XXS	XS	S	M	L	XL	XXL	3XL
Chest (cm)	80	85	90	95	100	105	110	115
Waist (cm)	65	70	75	80	85	90	95	100

Junior Clothing Sizes	6-7	8-9	10-11	12-13	14-15
Chest (cm)	55	60	65-70	70-77	75-85
Hips (cm)	65	70	75	80	85
Height (cm)	116	128	140	152	167

Mens Togs	XXS	XS	S	M	L	XL	XXL	3XL
Waist (cm)	70	75	80	85	90	95	100	105

Junior Boys Togs	6-7	8-9	10-11	12-13	14-15
Waist (cm)	55	59	63	67	71

Junior Girls Togs	6-7	8-9	10-11	12-13	14-15
Chest (cm)	55	60	65	70	75
Waist (cm)	53	55	57	59	60
Hips (cm)	65	70	75	80	85

Ladies Togs generally have more length than Juniors

Ladies Togs	4	6	8	10	12	14	16	18	20
Chest	70	75	80	85	90	95	100	105	110
Waist	58	63	65	70	75	80	85	90	95
Hips	87	88	90	95	100	105	110	115	120